

A 60-day plan of transformation into Christlikeness

Day #11: Discipleship-2

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A. SOLITUDE WITH GOD: AT LEAST 30 MINUTES A DAY.

1. At this point, this time of solitude is the most important part of this transformation. If you do not have time to go over the material below on discipleship, that's fine. This is more important. You can always go over the discipleship principles later.
2. Solitude with God for at least 30 minutes every morning will shape your spiritual life more than anything else, at least at this point in this study. This is your foundation for the rest of the day. This is where you center your life on God for your daily, sustaining, relationship with Him
3. Consider David, a man after God's own heart. It was solitude more than anything else that shaped David's spiritual life. It was in solitude that enabled him to really absorb the Word of God and center his heart, soul, and mind on God. It was in solitude that he poured out his heart to God—both praises and deep sorrow.
4. David became a "man after God's own heart" (1 Sam 13:14) in great measure through his times of silence and solitude. Shaped early by days and nights with God in lonely places herding sheep, David developed a powerful understanding of God as the Shepherd of His life. Later, when he was persecuted by Saul, David drew near to God in times of solitude as his Companion and Protector.
5. During this time, reflect on God's goodness, faithfulness, your family, blessings, concerns, spiritual and physical needs, your sins, etc. As you sit in silence with God, many things will come to mind as you reflect on God and your life. Write them down. Now, pray over them, and thank God for your life and His plan for your life.
6. Plan your spiritual life for the day using the VIM (vision, intent, means) principle: vision for the day, intention on living in and for the Lord, and the means of His grace promises.
7. As you do this daily, you will increasingly become rooted in God and your heart will develop into being more grateful and loving for God and His marvelous grace. You will find yourself living out (or failing) what you had planned in your time of solitude with God.
8. This time of solitude will be filled with worship, praise, need, and even sorrow as you open your heart to God. It is in solitude, more than any other time, that we are aware of God's goodness as well as our poverty and need for God. David's psalms are filled with

raw emotions that all of us experience: gratitude, joy, grief, joy, sadness, depression, exaltation.

9. It is our times of solitude that enable us to begin the day filled and surrounded by God's love and care. Through the spiritual discipline of solitude, we too will live a God-filled existence. It is this time of solitude that enables us to tune into God and see God everywhere.
10. Self-examination. How do you respond to silence? Is it unnerving, or soothing? Have you just sat alone with God long enough to see God and your life in new and deeper ways? Only solitude and silence with God will allow us life-transforming concentration on God that will not only be the foundation of our daily lives, it will be the foundation of other disciplines will we study.

B. DISCIPLESHIP (2). Read and meditate on the following passages.

1. The term "disciple-making" comes from the verb *matheteusate* (μαθητεύσατε), which means to "make disciples" (Matthew 28:19). Note the repetition of "all."
2. God's will is for every believer to be a disciple of Jesus Christ, Matt. 28:19; Luke 9:23-24.
3. A disciple abides in Christ through Word and prayer, John 15:7.
4. A disciple bears must fruit, John 15:8.
5. A disciple responds to God's love with obedience, John 15:9-10.
6. A disciple possesses joy, John 15:11.
7. A disciple loves as Christ loved, John 15:12-13.

C. SCRIPTURE MEMORY.

Philippians 2:12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; ¹³ for it is God who works in you both to will and to do for *His* good pleasure.

The 60-day transformation of the mind, heart, and emotions into Christlikeness

- Day 1 – A life that lacks nothing (Psalm 23), <http://www.fbcweb.org/Doctrines/day-1.pdf>
Day 2 - Satan, the enemy (1 John 2:15-16), <http://www.fbcweb.org/Doctrines/day-2.pdf>
Day 3 – Review, reflect, journaling, and Psalm 19, <http://www.fbcweb.org/Doctrines/day-3.pdf>
Day 4 – The six areas of inner transformation, <http://www.fbcweb.org/Doctrines/day-4.pdf>
Day 5 – The Word of God, Joshua 1:8; Psalm 1, <http://www.fbcweb.org/Doctrines/day-5.pdf>
Day 6 – 2 warnings & promise of transformation, <http://www.fbcweb.org/Doctrines/day-6.pdf>
Day 7 - Solitude, Disciplines, Transformation, <http://www.fbcweb.org/Doctrines/day-7.pdf>
Day 8–VIM (Vision-Intent-Means) & transformation, <http://www.fbcweb.org/Doctrines/day-8.pdf>
Day 9–Solitude with God & Christ’s transformative easy yoke, <http://www.fbcweb.org/Doctrines/day-9.pdf>
Day 10– Discipleship-1, <http://www.fbcweb.org/Doctrines/day-10.pdf>
Day 11– Discipleship-2, <http://www.fbcweb.org/Doctrines/day-11.pdf>

*Testifying to today’s urgent need for discipleship under Christ,
Pastor Don*